

## COVID-19 Most Frequently Asked Questions

### When is my child considered "Exposed to COVID Positive Person?"

To be considered exposed to a COVID Positive Person, you need to have prolonged close contact with a person who has the virus. Close contact includes:

- Living in the same household
- Caring for a sick person with the virus
- Being within 6 feet of a sick person with the virus for at least 15 continuous minutes without the use of a face covering
- Being in direct contact with secretions from the sick person.

### My child is POSITIVE for COVID-19. What should I do?

- Need to quarantine at home and try to isolate the child from family members UNTIL:
  - 10 days from onset of symptoms AND
  - 24 hours fever free AND
  - Symptoms improving.
- Check child's temperature daily and monitor symptoms closely. Call us if symptoms are worsening.
- **PLEASE NOTE:** *Everyone in family or living at the home is now considered "EXPOSED TO COVID POSITIVE Person" and must start their quarantine for 14 days from the last day they had full contact with positive family member, (meaning more than 15 minutes within 6 feet distance).*

### My child was exposed to a COVID Positive Person living OUTSIDE of my home and my child was not wearing facemask. What should I do?

**\*\*\*See definition of "Exposed to COVID Positive Person" to make sure your child meets the criteria.\*\*\***

- Child should quarantine at home for 14 days AND wear a mask at home to protect family.
- Closely monitor for symptoms, and check daily temps.
- Child should be tested if they develop symptoms or fever.
  - Due to our limited supply of tests, we currently are not testing patients with no symptoms. If you choose to be tested at an alternate location, best to wait 5-8 days after exposure to limit a false negative. **\*\*\*Please Note: A NEGATIVE TEST DOES NOT SHORTEN THE QUARANTINE PERIOD. Child must still stay home for 14 days.**

### My child was exposed to a COVID Positive Person living IN my home. What should I do?

- If it's possible to move the COVID Positive Person to a separate room and remain there for duration of their quarantine period, the exposed child should:
  - Quarantine at home for 14 days **from the last date of contact** with COVID Positive person AND wear a mask at home to protect family. **\*\*\*Children younger than 2 years of age should not wear a mask.\*\*\***
  - Closely monitor for symptoms, and check daily temps.
  - Be tested if child develops symptoms or fever.
    - Due to our limited supply of tests, we currently are not testing patients with no symptoms. If you choose to be tested at an alternate location, best to wait 5-8 days after exposure to limit a false negative. **\*\*\*Please Note: A NEGATIVE TEST DOES NOT SHORTEN YOUR QUARANTINE. Child must still stay home for 14 days.**
- If it's NOT possible to move the COVID Positive Person to a separate room and remain there for duration of their quarantine period, the exposed child should:
  - Do the same as stated above, but with an extended quarantine period.
    - The 14-day extended quarantine period **BEGINS** when the COVID Positive Person is released from their quarantine.

### My child was exposed to someone that might be a COVID Positive Person and is awaiting testing. What should I do?

**\*\*\*See definition of "Exposed to COVID Positive Person" to make sure your child meets the criteria.\*\*\***

- You need to ASSUME your child was exposed to someone positive and follow the guidance above on exposure to a COVID Positive Person pending those results until you know that the person tested negative.
- If person tests negative, then you can return to practicing social distancing and wearing masks as recommended to general public.

### My child has developed COVID symptoms (fever, cough, sore throat, diarrhea, etc), but has not had any contact with a COVID Positive Person that I am aware of. What should I do?

You should schedule a telemedicine appointment to be seen by one of our providers to determine if testing is needed.