

ADHD & YOU

PICTURE IT: Using Graphic Organizers

Children who experience the core symptoms of ADHD (inattention, hyperactivity, and impulsivity) may need help with school-related matters. For example:

Children With ADHD May:

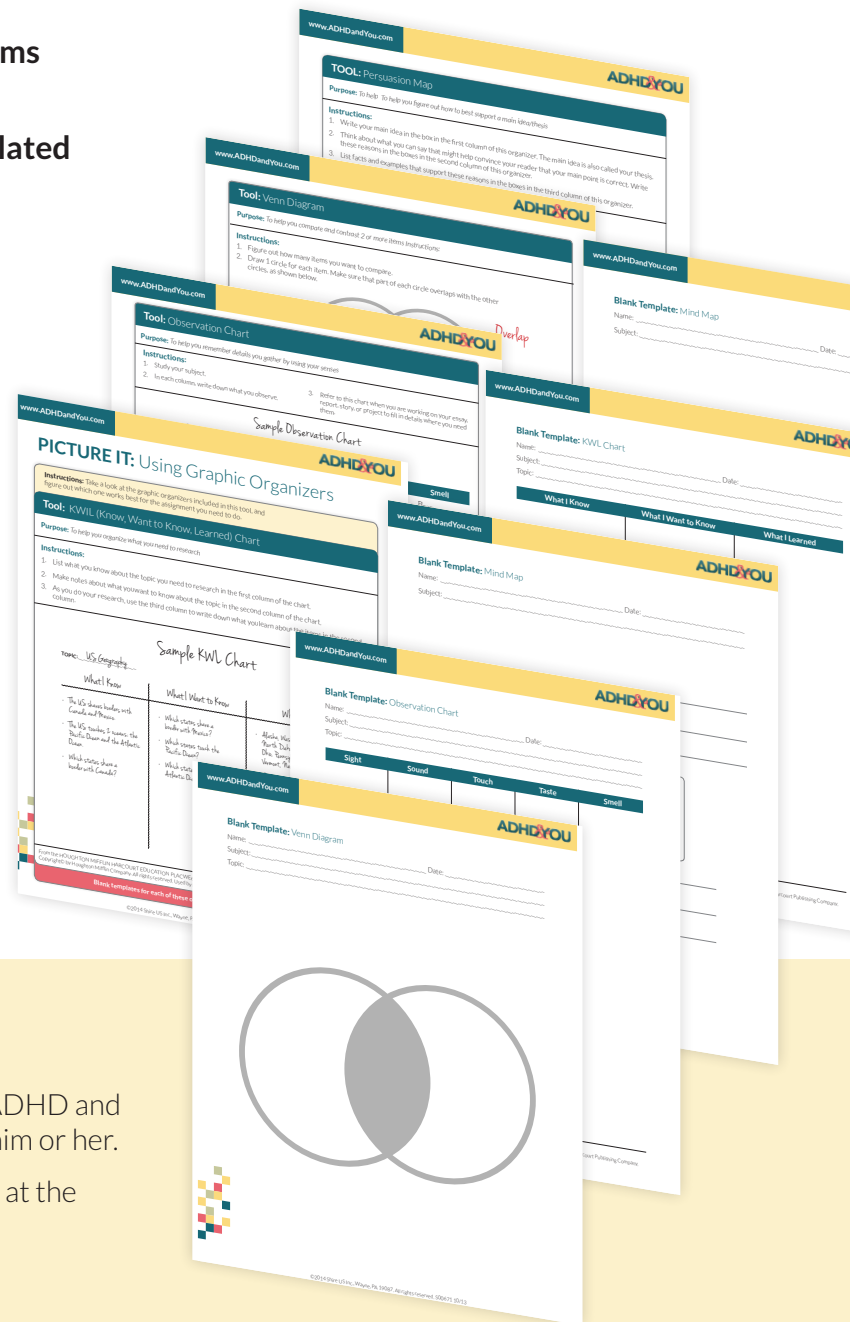
- Have trouble with organization
- Avoid tasks requiring sustained mental effort

This Tool Was Developed to Help Children With ADHD:

- Brainstorm ideas for:
 - Essays/written reports
 - Oral reports
 - Stories
 - Projects
- Organize the ideas they come up with for each assignment

How to Use This Tool:

- 1 Print out a copy of this tool for a child with ADHD and review each type of graphic organizer with him or her.
- 2 Show the child the blank templates included at the end of the tool.
- 3 Provide help as needed.



PICTURE IT: Using Graphic Organizers

Instructions: Take a look at the graphic organizers included in this tool, and figure out which one works best for the assignment you need to do.

Tool: KWL (Know, Want to Know, Learned) Chart

Purpose: To help you organize what you need to research

Instructions:

- 1 List what you know about the topic you need to research in the first column of the chart.
- 2 Make notes about what you want to know about the topic in the second column of the chart.
- 3 As you do your research, use the third column to write down what you learn about the items in the second column.

Sample KWL Chart

TOPIC: US Geography

What I Know	What I Want to Know	What I Learned
<ul style="list-style-type: none"> • The US shares borders with Canada and Mexico. • The US touches 2 oceans: the Pacific Ocean and the Atlantic Ocean. • Which states share a border with Canada? 	<ul style="list-style-type: none"> • Which states share a border with Mexico? • Which states touch the Pacific Ocean? • Which states touch the Atlantic Ocean? 	<ul style="list-style-type: none"> • Alaska, Washington, Idaho, Montana, North Dakota, Minnesota, Michigan, Ohio, Pennsylvania, New York, Vermont, New Hampshire, Maine • California, Arizona, New Mexico, Texas • Alaska, Washington, Oregon, California, Hawaii • Maine, New Hampshire, Massachusetts, Rhode Island, Connecticut, New York, New Jersey, Delaware, Maryland, Virginia, North Carolina, South Carolina, Georgia, Florida

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Blank templates for each of these organizers are included at the end of this tool.

Tool: Observation Chart

Purpose: To help you remember details you gather by using your senses

Instructions:

- 1 Study your subject.
- 2 In each column, write down what you observe.
- 3 Refer to this chart when you are working on your essay, report, story, or project to fill in details where you need them.

Sample Observation Chart

TOPIC: Rain Forests

Sight	Sound	Touch	Taste	Smell
<ul style="list-style-type: none"> • Tall, leafy trees • Colorful plants and animals • Dirt floor 	<ul style="list-style-type: none"> • Rain drizzling • Birds chirping • Leaves rustling 	<ul style="list-style-type: none"> • Rough tree bark • Wet leaves 	<p>~~~~~</p>	<ul style="list-style-type: none"> • Flowers • Mud

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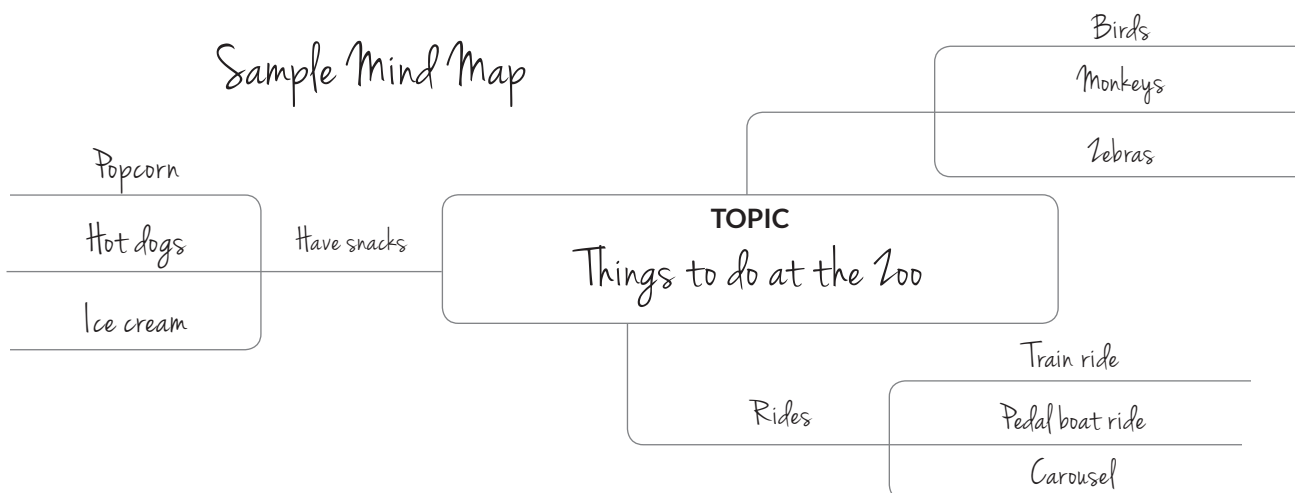
Tool: Mind Map

Purpose: To help you brainstorm ideas

Instructions:

- 1 Write your main topic in a box in the middle of the page.
- 2 Add details that support this idea by drawing lines off of the box and writing 1 detail on each line.
- 3 Draw smaller lines that connect to each main line. Write down things you could use to support each of the main details on these lines.

Sample Mind Map

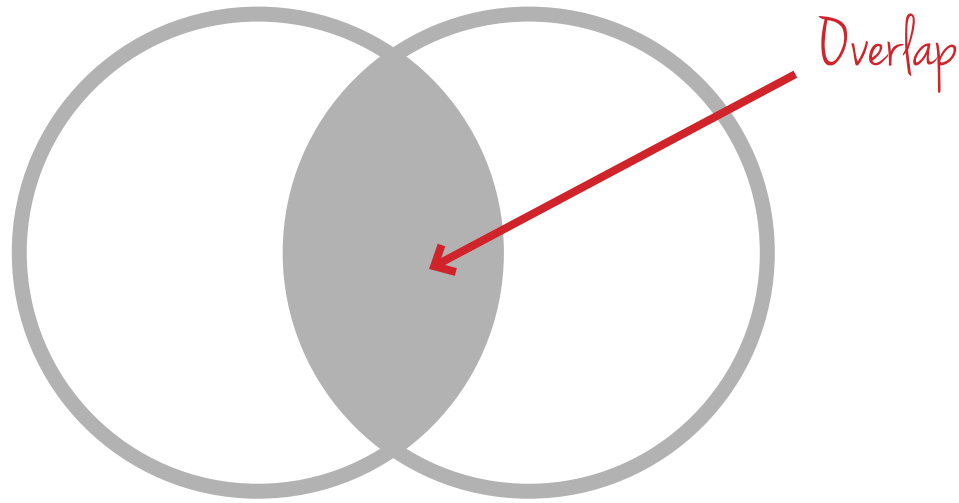


Tool: Venn Diagram

Purpose: To help you compare and contrast 2 or more items

Instructions:

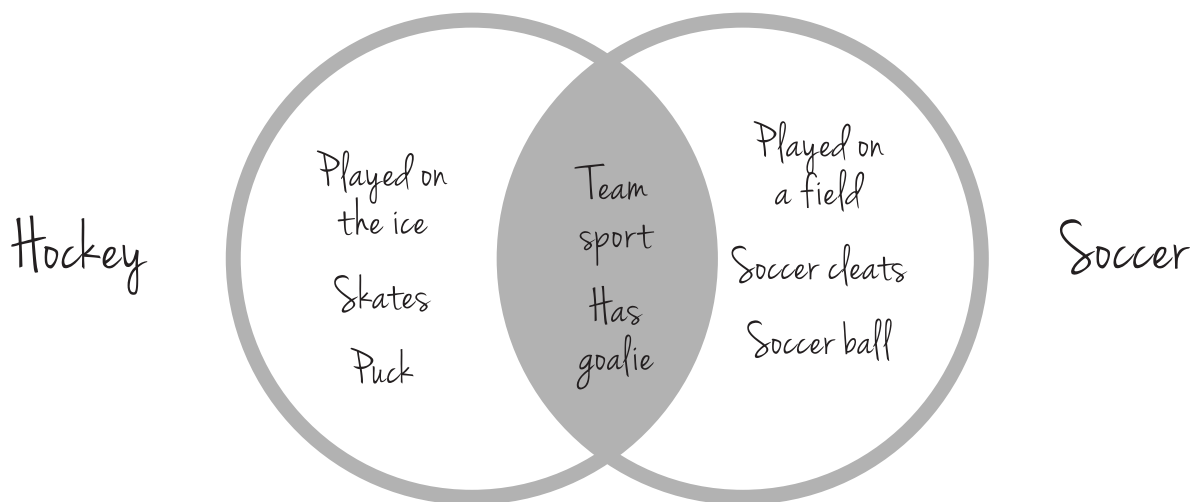
- 1 Figure out how many items you want to compare.
- 2 Draw 1 circle for each item. Make sure that part of each circle overlaps with the other circles, as shown below.



- 3 Label each circle with the item name.
- 4 Start listing your ideas for each item.
 - a. If a word describes only 1 item, write it in the part of its circle that does not overlap the other circle.
 - b. If a word describes both items, write it the space where the circles overlap.

Sample Venn Diagram

TOPIC: After-School Sports



Tool: Persuasion Map

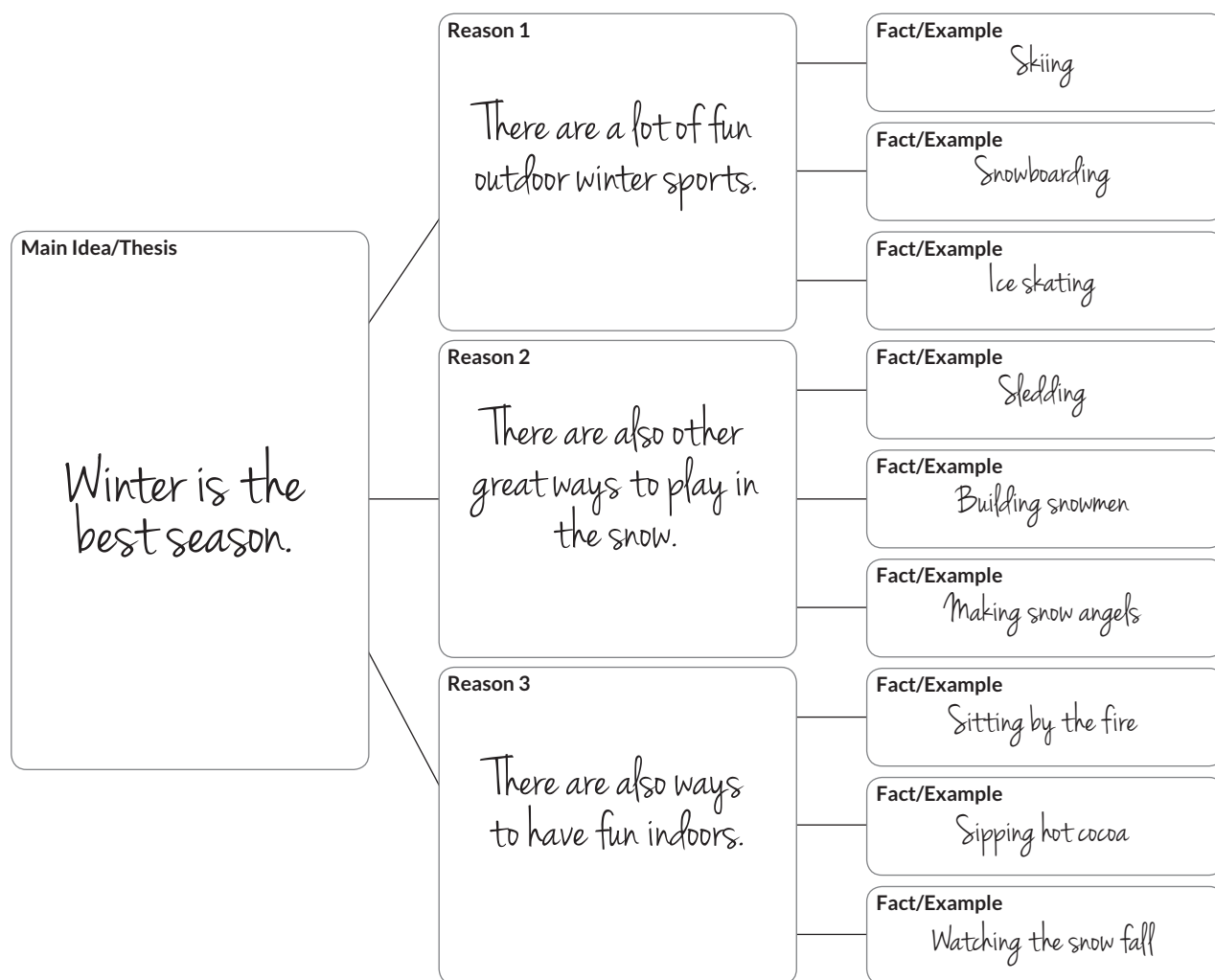
Purpose: To help you figure out how to best support a main idea/thesis

Instructions:

- 1 Write your main idea in the box in the first column of this organizer. The main idea is also called your thesis.
- 2 Think about what you can say that might help convince your reader that your main point is correct. Write these reasons in the boxes in the second column of this organizer.
- 3 List facts and examples that support these reasons in the boxes in the third column of this organizer.

Sample Persuasion Map

TOPIC: My Favorite Season



Blank Template: KWL Chart

Name: _____ Date: _____

Subject: _____

Topic: _____

What I Know	What I Want to Know	What I Learned



Blank Template: Observation Chart

Name: _____ Date: _____

Subject: _____

Topic: _____

Sight	Sound	Touch	Taste	Smell



Blank Template: Mind Map

Name: _____ Date: _____

Subject: _____

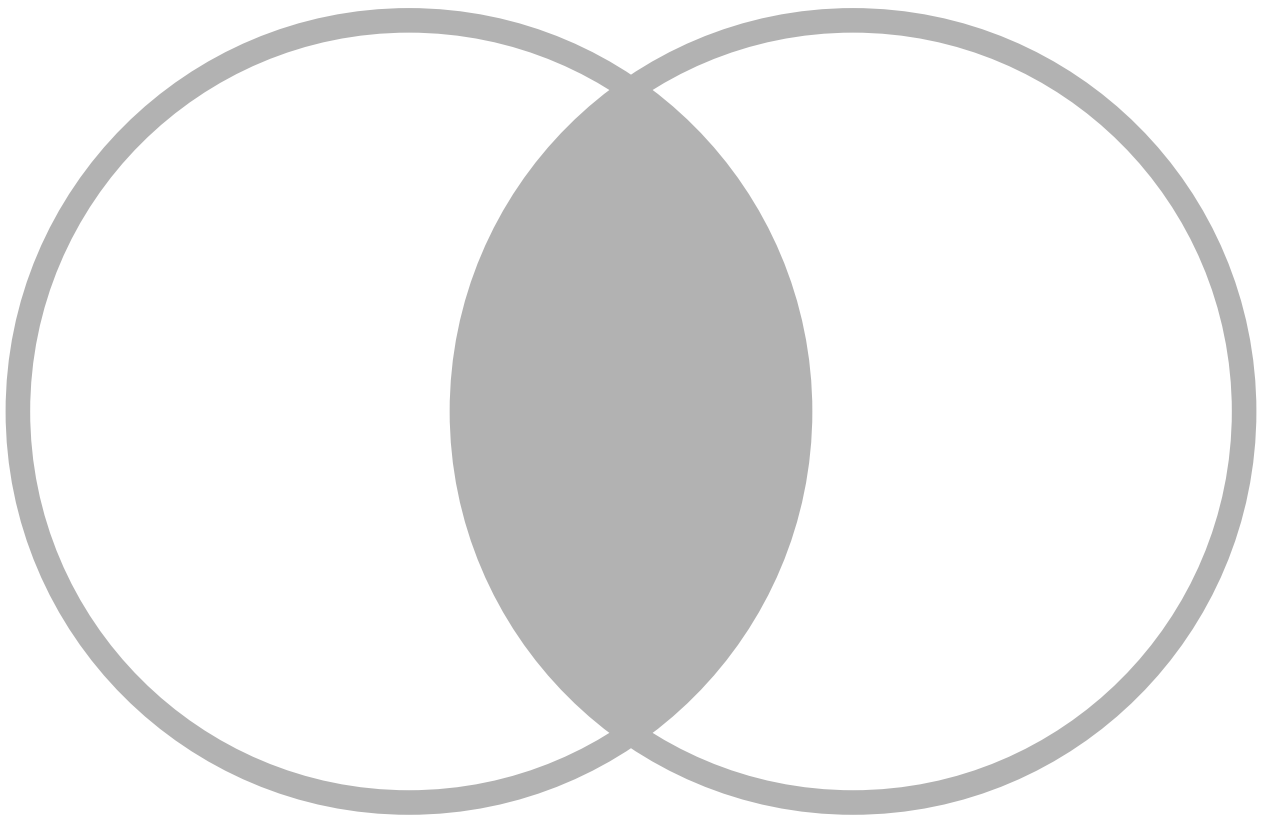


Blank Template: Venn Diagram

Name: _____ Date: _____

Subject: _____

Topic: _____

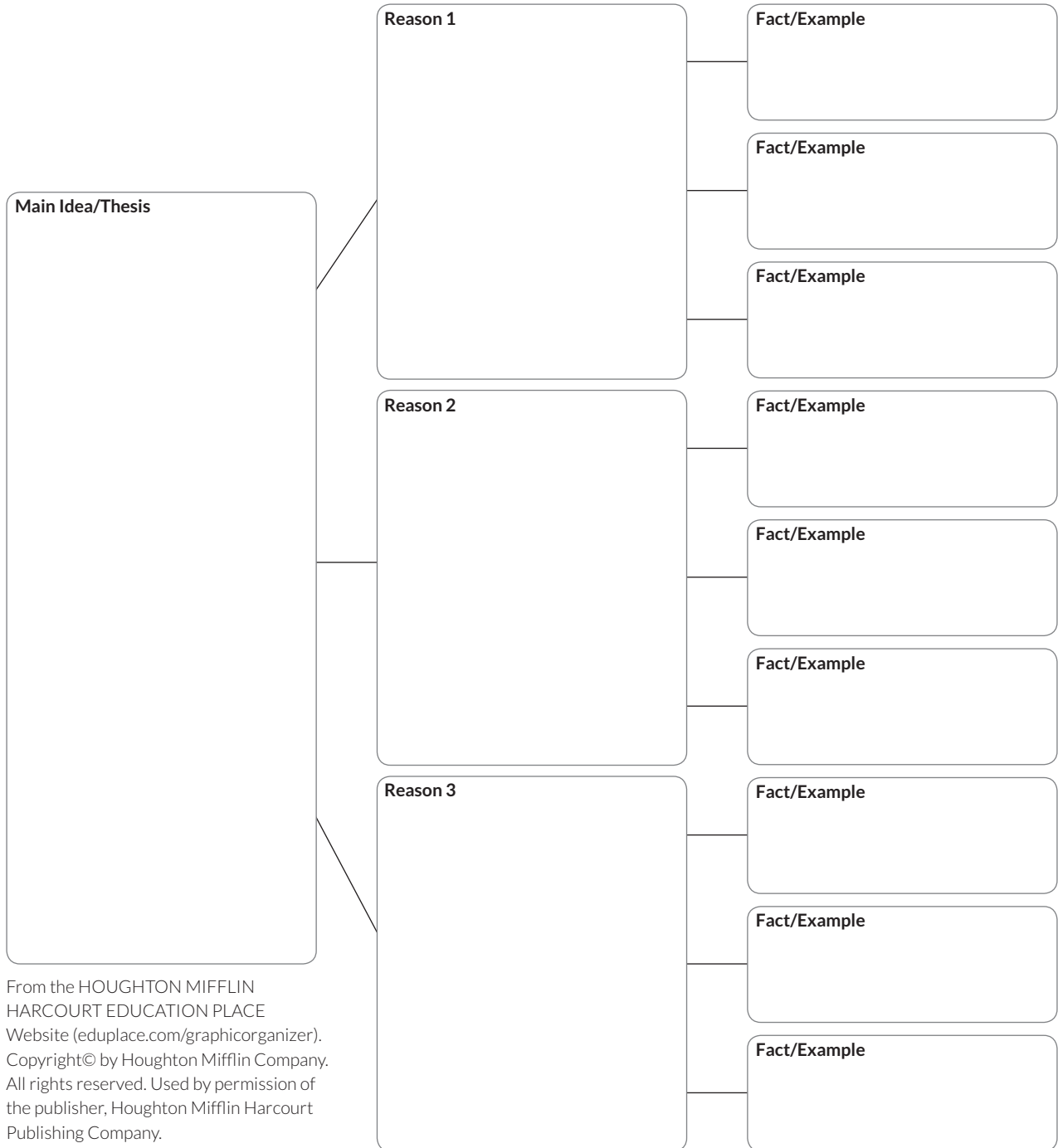


Blank Template: Persuasion Map

Name: _____ Date: _____

Subject: _____

Topic: _____



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